

WINNEWALD DAY CAMP FOOD ALLERGY POLICIES

Health Form – All camper food allergies must be listed on the health form

- The camp health person will speak with the parent
- The parent must provide necessary medications for the allergy; i.e., Benadryl, epi-pen, etc.

Educating Staff

- A confidential list of food allergies will be provided for the staff
- The camp health director is responsible for meeting with staff to discuss food allergies and how to recognize and respond to potential allergic reactions
- Staff must be cognizant of the camp allergy policies as part of planned activities

- Food Brought to Camp
- Campers bring their own lunch and snacks to camp
- Food is for the camper only and NOT for sharing with any other camper(s)
- Parents may **NOT** send in food/candy for a group to protect the safety of our campers with any food allergies.

Food Provided by the Camp –

- A list of food items the camp provides will be posted on Winnewald.com; handouts are available if needed
- Bottled water
- Popcorn on Mondays – we have allergy free popcorn for those with food allergies
- Ice cream on Fridays – Rich's fudge bars or sandwiches
- Cookouts
 - Campers grades K-2: hot dogs, rolls (BJ's brand), marshmallows
 - Campers grades 3-8: Hot dogs, hot dog rolls, baked beans, S'mores (marshmallows and Hershey's milk chocolate snack bars). (

Evening Events

- Snack for all groups: Vegetables for dipping, grapes, string cheese, and pizza (purchased from Natale's)
- S'mores (Graham crackers, marshmallows and Hershey's milk chocolate snack bars)

Parent Responsibilities – Child with allergies

- Inform the Camp of camper allergies in written form on the Health Form, Allergy Action Form, and other pertinent forms which **MUST** be submitted
- Discuss their child's allergy with the camp health director.
- Check the contents of the snack machines and inform their child what he/she should or should not purchase.
- Be familiar with the analysis of the foods served by the camp and provide appropriate substitute foods for the allergy child; foods will be stored by the camp in a safe location and be made available to the child at the appropriate time.

- Lunch Policies
- Campers are encouraged to wash their hands prior to eating lunch. Each camper group will be provided with hand sanitizer.

- Campers may not share or trade any food/drink/candy with fellow campers.
- A separate area will be provided for campers with severe food allergies.
- Lunch tables will be cleaned after each lunch period.

Trips – Camp food allergy policies will be followed on field trips.

- The camp health person prepares a medical list for campers to be given to the trip leader.
- A binder containing individual camper health forms is taken on the bus.
- Trip leader will carry his/her cell phone.
- Trip leaders are trained in CPR, First aid, and epi pen.
- Parents may participate in the trip if needed.
 - In some cases, after speaking with a parent, the camper may be unable to go on the trip.

Prohibited Food – Staff (all Winnewald personnel) May NOT

- Give food as a reward, demonstration, or for winning a contest; any food substances to be located close to campers must be pre-approved by the health director