

WINNEWALD DAY CAMP FOOD ALLERGY POLICY

Parent Responsibilities – Child with allergies

- Inform the Camp of camper allergies in written form on the Health Form, the Winnewald Allergy Action Plan, and other pertinent forms which MUST be submitted four (4) weeks prior to the opening day of camp.
- The camp health person will have a conversation with the parent.
- Discuss their child's allergy with the camp health director.
- The parent must provide necessary medications for the allergy such as epi-pens, etc.
- Check the contents of the snack machines and inform their child what he/she should or should not purchase.
- Be familiar with the analysis of the foods served by the camp and provide appropriate substitute foods for the allergy child; foods will be stored by the camp in a safe location and be made available to the child at the appropriate time.
- Provide alternate snacks for the child when his/her group is having a party or celebration
- Educate the child not to share food or take food from another child.

Educating Staff

- Camper allergies will be indicated on the group attendance form.
- The camp health person is responsible for meeting with staff to discuss food allergies and how to recognize and respond to potential allergic reactions.
- Staff must be cognizant of the camp allergy policy as part of planned activities.
- Staff may not give food as a reward, demonstration, or for winning a contest.
- Food substances to be used as a part of a camp activity must be pre-approved by the health director.

Food Brought to Camp

- Campers bring their own lunch and snacks to camp.
- Food is for the camper only and NOT for sharing with any other camper(s).
- If parents wish to provide a treat for the entire group, the camp must be notified at least one-day in advance. Food must be in a sealed, store-bought container.
- Impromptu treats will not be accepted.

Food Provided by the Camp – A detailed list of food items the camp provides is available upon request.

- Milk, white, low-fat chocolate, or bottled water
- Popcorn on Mondays
- Ice cream on Fridays
- Pancakes the first week of camp (pancake mix, syrup, whipped cream, chocolate chips, powdered sugar)
- Cookouts
 - Campers 5-7: hot dogs, rolls (BJ's brand), marshmallows
 - Campers 8-13: Hot dogs, Pillsbury biscuits, Hanover baked beans, S'mores (Honey Maid grahams, marshmallows and Hershey's milk chocolate snack bars). (Campers 9 will have hot dogs, hot dog rolls, baked beans, and watermelon)

Evening Events

- Snack for all groups: Vegetables for dipping in Hidden Valley ranch dressing, grapes or watermelon, string cheese, and pizza (purchased from Natale's or Stanton General Store).
- Introduction to Overnight Camping and the Overnight Campout: S'mores (marshmallows and Hershey's milk chocolate snack bars).
- Campers 10-13: Ice cream sundae bar, chocolate syrup, and whipped cream.
- Special Events
- For special events (e.g., carnival), snacks provided will be allergy friendly.

Snack Machines

- The camp has two snack machines on the camp grounds.
- Campers may NOT share any snack with another camper.

Lunch Policies

- Campers are encouraged to wash their hands prior to eating lunch. Each camper group will be provided with hand sanitizer.
- Campers may not share or trade any food/drink with fellow campers.
- A separate area will be provided for campers with severe food allergies.
- Lunch tables will be cleaned after each lunch period.

Trips – Camp food allergy policies will be followed on field trips.

- The camp health person prepares a medical list for campers to be given to the trip leader.
- A binder containing individual camper health forms is taken on the bus along with any needed medications.
- Trip leader will carry his/her cell phone.
- Trip leaders are trained in CPR, First aid, and epi pen use.
- Parents may participate in the trip if needed.
 - In some cases, after speaking with a parent, the camper may be unable to go on the trip.